

## **Ball Etiquette**

What to expect at a Ball

- Ladies, whatever you wear to a Ball – make sure you can dance in it!
- Men are encouraged to wear a kilt but if you don't have one don't worry a suit and tie are fine.
- Gillies or other soft soled dancing shoes are preferable, not high heels or hard soled shoes.
- A Ball program (with instructions) is usually available ahead of time so look it over and try to figure the instructions out.
- Dance with different people throughout the evening
- Ladies can ask men to dance as well as men asking ladies.
- Wait until the MC announces the dance before getting up on the floor
- Don't attempt any dance you don't know
- Join a set at the end – don't butt in.
- If you are 1<sup>st</sup> couple count the lines into appropriate numbers of couples and indicate if more are needed.
- If you are 1<sup>st</sup> couple you can usually walk the dance as it is being briefed
- After the dance is completed thank you partner and the other members of the set.

If you make a mistake, don't worry about it we all make mistakes!  
Enjoy yourself and smile.